



# Member Policies

**Member Policies**  
**FOR USE OF COURTHOUSE CLUB FITNESS FACILITIES**  
**AND PROVISION OF FITNESS GUIDANCE BY STAFF**

## **Oregon Law Governing Health Club Membership**

IF YOU WISH TO CANCEL THIS AGREEMENT, WITHOUT PENALTY, YOU MAY CANCEL IT BY DELIVERING OR MAILING BY CERTIFIED MAIL A WRITTEN NOTICE TO COURTHOUSE. THE NOTICE MUST SAY THAT YOU DO NOT WISH TO BE BOUND BY THE AGREEMENT AND MUST BE DELIVERED OR MAILED BEFORE MIDNIGHT OF THE THIRD BUSINESS DAY AFTER YOU SIGN THIS AGREEMENT. THE NOTICE MUST BE MAILED TO: COURTHOUSE, P.O. BOX 3125, SALEM, OREGON 97302. IF YOU CANCEL WITHIN THREE DAYS, COURTHOUSE WILL RETURN TO YOU WITHIN 15 DAYS ALL AMOUNTS YOU HAVE PAID.

In addition, you may cancel this Agreement for the following reasons: a) if you die or become physically unable to use a substantial portion of those health club services used by you from the date of this membership agreement until the time of disability. Your disability must be confirmed by an examination of a physician agreeable to you and Courthouse. b) If Courthouse goes out of business. c) If Courthouse moves its facility closest to your residence on the date of the Membership Agreement to a location more than five additional miles from that residence. d) If a facility, construction or improvement is not completed by the date represented in the membership agreement. e) If Courthouse materially changes the health club services promised as part of the initial Membership Agreement.

If you choose to cancel your Membership Agreement for reasons a) through e) stated above, you will receive a refund of any dues paid, up to an amount computed by dividing the total amount of dues paid in the month of cancellation by the number of weeks in the month for which the dues were paid and multiplying the result by the number of weeks remaining in the month. The reasonable administrative costs associated with the establishment of your membership, including any joining fee, will not be refunded. Any liquidated damage clause mentioned in this agreement will not apply to memberships that are terminated under the conditions mentioned above.

## **General Membership Policies**

### *Consult your physician*

Before you start on a new exercise program, we recommend you consult with your physician if you are over 40 and have been sedentary for a year or more; or if you have any of the following risk factors: cardiovascular disease, a family history of cardiovascular disease, diabetes, high blood pressure, elevated blood cholesterol, obesity, high level of stress, or if you are a smoker.

### *Club entry*

Only members and their accompanying guests are allowed to enter the club. To gain admittance members must check-in at the service desk using the unique barcode assigned to your account. This barcode can be easily accessed on the Courthouse app.



### *Changes to membership*

All requests to change account status must be submitted through the online portal available on the Courthouse website. If you would like help with this process, please ask for assistance at the club service desk. 30 days advance notice is required when terminating an account. Ceasing to use club facilities will not be considered as notice of intent to terminate membership, nor will ceasing to pay monthly dues.

### *Unusual Closures*

Hours of operation are subject to reasonable adjustment at the discretion of Courthouse management, including but not limited to changes for holidays, special occasions and for the performance of maintenance to facilities. Whenever possible, notice of such changes will be posted on Courthouse premises and/or website. Should all Courthouse facilities be unavailable for Member use for a period exceeding seven days due to damage by fire, act of God, catastrophe, accident, construction or extraordinary maintenance, the membership time for Member shall be extended for a like period.

### *Right to Deny Membership*

Courthouse shall have the right to terminate a membership whenever management determines, in its sole discretion, that the continued existence of the membership is no longer in the best interest of Courthouse or other members. The following non-exclusive list of occurrences may constitute the basis for termination of a membership: when Member violates a Courthouse policy, procedure, or condition of membership; when Member abuses, destroys, or wrongfully damages Courthouse premises or property, which includes its business reputation; when Member abuses, verbally or physically harasses, threatens, intimidates, or defames other members or Courthouse employees; when Member engages in the theft of any property belonging to Courthouse or to a member or visitor; or when Member engages in the unauthorized use of, or conducts unauthorized activities on Courthouse premises.

### *Email Communication Policy*

Courthouse communicates all official notices and updates via email.

### *Video/Audio Recording*

For the purpose of member security staff training and club promotion, audio and video recording equipment is present in various areas of Courthouse facilities. Members may be recorded visually and/or acoustically at any time. Member gives permission to Courthouse to use photographic and/or video images in which member appears, in whole or in part, in any and all media now or hereafter known for any lawful purpose whatsoever.

## **Club Use**

### *Club schedule*

General club hours, childcare hours, and holiday hours are posted on our website. In addition, the schedule of classes and activities are posted on our website.

### *Extreme weather*



During periods of extreme weather, sudden changes to the club schedule will be posted in the Club News section of our website.

#### *Guest access*

Members are welcome to have guests accompany them as they visit the club. The following policies apply to guest visits.

Guests fees are as follows;

- Guests under the age of 1 are free to come in and swim.
- Guests 15 and under are \$5 per person, per visit.
- Guests ages 16 and over are \$10 per person, per visit, with a valid driver's license or ID.

There is no limit on the number of times a member may bring a guest to the club. We do however, limit the number of times the same guest uses the club on a guest pass or by paying the normal guest fee.

Limits are imposed as follows:

- If a guest is a Salem/Keizer area resident, the member is charged the regular guest fee of \$10 for the first five visits of each particular guest each calendar year. Additional club visits by the same guest members are charged \$20. After five visits, guests are not eligible to use a guest pass of any kind.
- If your guest is not a Salem/Keizer area resident there is no limit on the number of times they may use the club and will be charged the normal \$10 guest fee for each visit.

#### *Non-smoking environment*

Smoking or the use of vapors is not allowed within the club, or within 100 feet of a club entry.

### **Facility Use**

#### *Racquetball and squash court reservations*

Members may reserve one court at a time up to seven days in advance.

#### *Dress for exercise and play*

- Clothing and shoes designed specifically for exercise is required.
- Street clothes are not allowed.
- Shirts must be worn at all times.
- Please use only shoes designed for court sports. Use of other shoes can be dangerous, and can also leave marks on the courts.

#### *Dress for pool and spa*

A suit designed specifically for swimming is required. Cut-offs or exercise apparel is prohibited. Loose or dangling jewelry should be removed prior to entering the pool or spa. Cover-ups for swimwear and shoes are required outside the pool, sun deck and locker room areas. The club is not responsible for swimwear that fades or is damaged due to use in club pools, spas, or Suitmates.

#### *Sauna and steam rooms*

The sauna temperature is kept between 170F and 180F degrees and the steam room temperature is kept between 100F and 110F degrees. Limit yourself to a maximum of 10 minutes. Because of high



temperatures, the steam room and sauna can be dangerous to your health. We recommend you consult your physician before you use them. Those who are pregnant and those with medical conditions such as high blood pressure, heart disease, and respiratory problems should avoid exposure to high heat. Allow yourself at least 5 minutes after exercising to cool down before entering the sauna or steam rooms.

#### *Locker rooms*

- Children age 4 and older are not allowed in the locker room of the opposite gender. Private family changing rooms are available.
- Cell phones are not to be used in the locker rooms.
- Day use lockers are available in each locker room. These lockers are available for members and guests to use while they are in the club. Locks left on these lockers will be cut off at the end of each day and contents found will be bagged, dated, and left at the service desk for the owner to claim. As with lost and found items, these items will be kept at the desk for 15 days, after which time they will be discarded. Any personal hygiene items found will be immediately discarded.
- Private lockers are available for a monthly fee of \$6.
- Please do not leave damp, sweaty gear in your locker overnight.

#### *Shower Towels*

Shower towel service may be purchased each time a towel is requested, or purchased monthly. The current rate for both options is posted at the club service desk.

#### *Secure your valuables*

Courthouse is not responsible for lost or stolen articles. It is the responsibility of each member and guest to properly secure their valuables. Avoid tempting potential thieves, and make sure your valuables are safe. We will not hold valuables at the service desk.

### **Billing and payment**

#### *E-bill*

E-bill is an automatic payment draft set up through a checking or savings account. Drafts for E-Bill occur on the 10th of each month, (or the following business day if the 10th falls on a weekend or holiday). Our billing cycle runs from the 1st to the 30th of each month.

#### *Past due accounts*

When an account becomes past due by 30 days, all membership privileges are suspended. Suspended members must pay all current account charges if they wish to use the club. Members are still responsible for dues that accumulate while their membership is suspended.

#### *On account charging privileges*

For membership accounts paid by E-Bill, the responsible party (or parties) automatically receive charging privileges. Children may also receive charging privileges, if requested in writing by a responsible party on the account.

### **Children and Families**



### *Young members*

It is expected that young members will use the club in a manner similar to that of adult members. Typically, adults stay at the club for two hours or less. Young members are encouraged to use the club likewise, and not use the club as a place to “hang out”. It is for this reason that the club limits the visit of members under the age of 16 to a maximum of two hours per day.

### *Required supervision*

While in the club, whether a child is a member or not, he or she is expected to be involved in a structured club activity, or to be directly supervised by their parent or a club employee. This means an adult is able to give their undivided attention to the child(ren). It is not possible to give your undivided attention to a child while involved in a racquetball game, group exercise class, weight training, lap swimming, etc.

### *Weight and cardio equipment*

Children under 11 years of age are not allowed in the weight training or cardio areas under any circumstances. Member’s age 11 to 13 years are allowed to use the weight and cardio equipment, but only when directly supervised by their parent or club instructor. We recommend parents consult with a Fitness Coach before starting a child under the age of 14 on a weight training program.

### *Group exercise classes*

Children may participate in a class if they are able to participate in the entire class.

### *Pool and spa*

Parents must directly supervise children under the age of 16 while in the pool or spa area. Children are welcome to participate in lap swimming and other aquatic activities as long as they are supervised and are participating in an adult manner.

- Life jackets, scuba equipment and small flotation toys may be restricted at the discretion of the General Manager.
- Running, jumping, diving, pushing and other horseplay is prohibited in and around pools.
- Parents must accompany, in the water, children under the age of 7 when using the spa.
- Children under the age of one may enter and swim for free with their parent.

### *Outdoor pools*

- The slide is open during supervised swim only (West Salem Location).
- Running, diving, pushing, and other horseplay is prohibited in and around the pool area.
- A suit designed specifically for swimming is required. Women’s swim tops are to remain tied.
- Swimwear cover-ups and shoes are required for re-entrance to the club.
- Children 7 years or younger must have direct adult supervision at all times.
- Members are allowed access to and from the pool through the club only (not through the gates).
- No person under the influence of drugs or alcohol shall use the pool.
- No glass containers are allowed in the pool area.
- No smoking on the pool deck or around Courthouse Fitness premises.
- No persons suffering from a communicable disease or who has open wounds shall use the pool.



- Flotation devices such as air mattresses, tubes, or inflatable animals are not allowed in or around the pool.
- Children who are not fully potty trained must wear a swim diaper. There are swim diapers for sale at the service desk.
- All persons are required to take a cleansing shower before entering the pool.

#### *Supervised swim (Lifeguard is on duty)*

- A parent must accompany children under the age of 14 unless they are Safe Swimmer certified. However, parents of Safe Swimmers must remain on Courthouse premises.
- Members and guests age 14 and over will be presumed Safe Swimmers.
- Children 8 years of age and older are eligible to become Safe Swimmer certified.
- Once certified, the child's check-in screen will receive a Safe Swimmer certification designation and a wristband will be given to the swimmer to wear while in the pool upon each visit. Check the website for registration, day, and time of tests.

#### *Open swim (No lifeguards on duty)*

Children under the age of 14 must have a parent on the pool deck at all times.

#### *Age Related Guest Policies for Outdoor Pool*

- Regardless of age, members can bring guests. However, guests under the age of 14 will not be allowed to use the outdoor pool without a parent.
- Members, including those who are considered siblings or babysitters of children, who are 20 years of age and under, may not bring in guests younger than 14 years of age.
- Members younger than 14 years of age may bring in caregivers as guests (with an associated guest fee) as long as the caregiver is 21 years of age or older.
- All guests must check in with the desk and sign a waiver. Those 18 years and older must present photo id or driver's license.
- Guest fee to use the club is \$10.00 per visit.

#### *Safe swimmer certification*

- The cost for Safe Swimmer Certification is \$10 for each child to be paid at the time of the test.
- Certification takes place at 6pm Thursday nights at Keizer and West Salem.
- In order to receive Certification swimmers must be able to; 1) tread water for one minute; 2) swim 25 yards freestyle; 3) swim 25 yards backstroke.

#### *In order to use Safe Swimming Certification*

- Parent(s) have to be in the building and must be a member.
- If the child/children are not members they have to pay the \$10 guest fee.
- Lifeguard MUST be on duty.
- Swimmers may NOT use inside pool or hot tub without parent supervision.