

STUDIO PILATES - Small Group Schedule

MON	TUES	WED	THUR	FRI	SAT	SUN
					Pilates Mat 8:15-9:00am Room 2	
Barre 9:15-10:00am Room 2			Springboard 9:15-10:00am Room 2		Reformer Int/Adv 9:15-10:00am Studio	
	Pilates Mat 10:15-11:00am Room 2		Pilates Mat 10:15-11:00am Room 2		Reformer Foundations 10:15-11:00am Studio	
					Book Online https://courthouse.clubautomation.com/ or Courthouse App	Kids Court Hours Monday-Friday 8:30am-11:30am Monday-Thursday 4:30pm- 7:30pm Saturday 8:30am-11:30am
		Pilates Mat 6:30-7:15pm Room 2			Club Hours Monday-Friday 5:00am-11:00pm Saturday-Sunday 7:00am-9:00pm	