



**Courthouse Volleyball Club**  
**2025-2026 Season**  
**Girls Season**

**Our Philosophy:**

We believe in training the athlete as a whole. Our goal is to provide a sports experience that builds character while teaching the fundamentals of the game. Also, we teach our athletes how to form healthy habits around exercise and nutrition that will carry them into adulthood. These healthy habits create the ability to influence both the athlete and their family, which allows us to have a positive effect on more than just those who wear a team jersey.

Club Volleyball is a marathon, not a sprint. The 6-month season will require repetition and allow many opportunities to grow and progress throughout the season.

**What makes Courthouse Volleyball Club different from other clubs:**

1. Our club is backed by Courthouse Club Fitness. Courthouse Club Fitness has spent the last 40+ years as a part of area youth programs and making fitness a lifestyle in our community.
2. Uniforms are included. Each player will receive a hoodie, practice t-shirt, and two uniforms. Players will have the ability to purchase additional gear online.
3. Our head coaches and director have years of coaching experience ranging from 5 to 43 years in addition to collegiate playing experience.
4. We hold practice/clinics over Christmas and spring break. However, feel free to go on vacation if you have one planned during these times. Please just communicate travel plans with your coach.
5. Because we believe in training the athlete as a whole, we use Courthouse resources to make sure your daughter or son has the tools to train and reach their potential.
  - a. A Courthouse membership is included during the club season in club dues for each player. Your athlete can work out, cross-train, or use the pools and other amenities in the club.
  - b. Courthouse Volleyball Club supports multi-sport athletes, and we encourage you to play more than one sport. Research shows a correlation between one-sport athletes and an increased risk of injury. If your athlete chooses to play another sport, please lay their schedules side-by-side and find conflicts. Please inform your coach and team, but feel free to do basketball, softball, swimming, or track.
  - c. Our older teams (15u-18u) will train with Courthouse trainers to improve their overall fitness and athletic performance in a team environment.

**Practice**

Practices are held at the Battle Creek, Keizer, Lancaster and West Courthouse Club Fitness Locations. In addition, teams may practice at Blanchet and/or Salem Academy. Practice times range from 5PM-9PM. 12U will have priority for early practices.



## **Cost**

We realize that club volleyball is an investment and want to identify what is included in your cost. Clubs dues include all tournament fees, uniform package, coach compensation, Courthouse membership, Courthouse Training (if applicable) and reserved court space. **Player lodging, transportation, and food will be the parent's responsibility.**

Teams	Club Dues	Deposit	Installment 1	Installment 2	Installment 3	Installment 4	Installment 5
18 Blue	\$2,800	\$600	\$440	\$440	\$440	\$440	\$440
18 Red	\$2,200	\$600	\$320	\$320	\$320	\$320	\$320
17 Blue	\$2,800	\$600	\$440	\$440	\$440	\$440	\$440
17 Red	\$2,200	\$600	\$320	\$320	\$320	\$320	\$320
16 Blue	\$2,800	\$600	\$440	\$440	\$440	\$440	\$440
16 Red	\$2,200	\$600	\$320	\$320	\$320	\$320	\$320
16 White	\$1,100	\$600	\$100	\$100	\$100	\$100	\$100
15 Blue	\$2,800	\$600	\$440	\$440	\$440	\$440	\$440
14 Blue	\$2,400	\$600	\$320	\$320	\$320	\$320	\$320
14 Red	\$1,800	\$600	\$240	\$240	\$240	\$240	\$240
14 White	\$1,100	\$600	\$100	\$100	\$100	\$100	\$100
12 Blue	\$1,800	\$600	\$240	\$240	\$240	\$240	\$240
12 Red	\$1,500	\$600	\$180	\$180	\$180	\$180	\$180
12 White	\$1,100	\$600	\$100	\$100	\$100	\$100	\$100

**\*\*Fundraising options will be available to offset club dues, as well as our Courthouse Volleyball Club Scholarship Fund. Scholarship applications are on our website.**

## **Pre-Season Clinics - Cost: \$35 Register**

**12U-14U Pre-Season Clinic** – October 28<sup>th</sup>, 6:00 PM to 7:30 PM at Battle Creek Courthouse

**16U-18U Pre-Season Clinic** – October 30<sup>th</sup>, 6:00 PM to 7:30 PM at Battle Creek Courthouse

## **Open Gyms- Cost: \$15 Drop In or \$0 with Pre- Season Clinic Registration**

**14U-18U Open Gyms** – November 4, 2025 & November 6<sup>th</sup>, 2025, 6:00 PM to 7:30 PM at Battle Creek Courthouse

## **Tryouts**

**12U** - Sunday, November 9, 2025, 8:00 AM - 10:00 AM Battle Creek Courthouse

**14U** - Sunday, November 9, 2025, 11:00 AM - 2:00 PM Battle Creek Courthouse

**16U** - Sunday, November 16, 2025, 11:00 AM - 2:00 PM Battle Creek Courthouse

**18U** - Sunday, November 16, 2025, 8:00 AM - 10:00 AM Battle Creek Courthouse

**Parents MUST be present at the end of all tryouts. Teams will be selected at the end of tryouts.**



**What you need to do before Tryouts (information found at [courthousefit.com/volleyball-club/](http://courthousefit.com/volleyball-club/))**

- Register for Tryouts via SportsEngine. It is recommended to register for a Tryout Membership first and upgrade to full membership after making a team.
- Fill out the CEVA Membership Form online (found on the Courthouse Volleyball website)

**What you need to bring to Tryouts**

- Printed or digital copy of your USAV membership
- Printed CEVA Medical Release Form



**Tentative Girls Tournament Schedule (Blue Teams [Travel])** \*Subject to Change

Power League tournaments are located between Kelso and Medford but are normally within the Willamette Valley. We will not know the tournament's location until approximately two weeks prior.

*\*\*Any additional travel tournaments added would be an added travel invoice.*

	<b><u>17/18 Blue</u></b>	<b><u>15/16 Blue</u></b>	<b><u>13/14 Blue</u></b>	<b><u>12 Blue</u></b>
<b><u>December</u></b>	12/14 Courthouse Volleyball Club Friendship Tournament, Salem	12/14 Courthouse Volleyball Club Friendship Tournament, Salem	12/13 Courthouse Volleyball Club Friendship Tournament, Salem	12/13 Courthouse Volleyball Club Friendship Tournament, Salem
<b><u>January</u></b>	01/03 PLQ  1/17-1/19 NW Juniors MLK, Seattle  01/31 PL#1	01/04 PLQ#1  1/17-1/19 NW Juniors MLK, Seattle	01/11 PLQ#1  1/17-1/19 NW Juniors MLK, Seattle  01/25 PLQ#2	01/10 PLQ  1/17-1/19 NW Juniors MLK, Seattle  01/24 PL #1
<b><u>February</u></b>	2/14-02/16 Las Vegas Classic	02/01 PLQ#2  2/14-02/16 Las Vegas Classic  02/21 PL#1	2/14-02/16 Ceva Presidents Day, Eugene  02/22 PL#1	2/15-02/17 Region Rumble, Salem  Friendship Tournament, TBD
<b><u>March</u></b>	03/14 PL#2  03/28-03/29 Rogue Valley Classic, Medford	03/15 PL#2  03/28-03/29 Rogue Valley Classic, Medford	03/08 PL#2  03/28-03/29 Rogue Valley Classic, Medford	03/07 PL#2  03/28-03/29 Rogue Valley Classic, Medford
<b><u>April</u></b>	04/04 PL#3  4/25 - 4/26 Regionals	04/18 PL #3  4/25 - 4/26 Regionals	04/11 PL#3	04/12 PL#3
<b><u>May</u></b>			5/2 – 5/3 Regionals	5/2 – 5/3 Regionals



**Tentative Girls Tournament Schedule (Red Teams)** \*Subject to Change

Power Leagues tournaments are located between Kelso and Medford but are normally within the Willamette Valley. We will not know the tournament's location until approximately two weeks prior.

	<b><u>18 Red</u></b>	<b><u>16 Red</u></b>	<b><u>14 Red</u></b>	<b><u>12 Red</u></b>
<b><u>December</u></b>	12/14 Courthouse Volleyball Club Friendship Tournament, Salem	12/14 Courthouse Volleyball Club Friendship Tournament, Salem	12/13 Courthouse Volleyball Club Friendship Tournament, Salem	12/13 Courthouse Volleyball Club Friendship Tournament, Salem
<b><u>January</u></b>	01/03 PLQ  Friendship Tournament, TBD  01/31 PL#1	01/04 PLQ#1  Friendship Tournament, TBD	01/11 PLQ#1  Friendship Tournament, TBD  01/25 PLQ#2	01/10 PLQ  01/24 PL #1
<b><u>February</u></b>	Friendship Tournament, TBD	02/01 PLQ#2  Friendship Tournament, TBD  02/21 PL#1	02/22 PL#1  Friendship Tournament, TBD	Friendship Tournament, TBD
<b><u>March</u></b>	03/14 PL#2  Friendship Tournament, TBD	03/15 PL#2  Friendship Tournament, TBD	03/08 PL#2  Friendship Tournament, TBD	03/07 PL#2  Friendship Tournament, TBD
<b><u>April</u></b>	04/04 PL#3  4/25 - 4/26 Regionals	04/18 PL#3  4/25 - 4/26 Regionals	04/11 PL#3	04/12 PL#3
<b><u>May</u></b>			5/2 – 5/3 Regionals	5/2 – 5/3 Regionals



**Tentative Girls Tournament Schedule (White Teams)** \*Subject to Change

	<b><u>16 White</u></b>	<b><u>14 White</u></b>	<b><u>12 White</u></b>
<b><u>January</u></b>	Friendship Tournament, TBD	Friendship Tournament, TBD	Friendship Tournament, TBD
<b><u>February</u></b>	Friendship Tournament, TBD	Friendship Tournament, TBD	Friendship Tournament, TBD
<b><u>March</u></b>	Friendship Tournament, TBD	Friendship Tournament, TBD	Friendship Tournament, TBD
<b><u>April</u></b>	Friendship Tournament, TBD	Friendship Tournament, TBD	Friendship Tournament, TBD

**Questions?**

Visit our website at [courthousefit.com/volleyball-club](http://courthousefit.com/volleyball-club) or email Director Kim Labrousse  
[club.sports@courthousefit.com](mailto:club.sports@courthousefit.com)