



COURTHOUSE
VOLLEYBALL CLUB
PARENT MEETING
2025-2026



Who We Are

- We train the athlete as a whole
- Focus on character, fundamentals, and healthy habits
- Encourage balance in academics and athletics
- Backed by Courthouse Club Fitness (40+ years)
- Experienced coaches (5-43 yrs)
- Multi-sport support
- Coaching Curriculum



Team Explanations

- **Blue Teams**- Power League and travel/multi day tournaments
- **Red Teams**- Power League and semi-local friendship tournaments
- **White Teams**- One semi-local friendship tournament per month from January-April
- See the current year season information on our website (QR Code at the end of this presentation) for anticipated tournaments for each group, coaches will confirm schedules once teams are established and tournament entries are accepted.



Club Dues

Included

- Tournament Entry Fees
- 2 Jerseys, sweatshirt, practice shirt
- Coaching
 - *Training session for 15u-18u teams*
- Courthouse Membership during season
- Facility Rental

Not Included

- Travel, lodging, meals
- Additional Player/Fan gear can be ordered through our team store (links will be sent out as season begins)



Club Dues

- 18 Blue \$2,800
- 18 Red \$2,200
- 17 Blue \$2,800
- 17 Red \$2,200
- 16 Blue \$2,800
- 16 Red \$2,200
- 16 White \$1,100
- 15 Blue \$2,800
- 14 Blue \$2,400
- 14 Red \$1,800
- 14 White \$1,100
- 13 Blue \$2,400
- 12 Blue \$1,800
- 12 Red \$1,500
- \$600 Deposit at signing and then 5 equal monthly payments



Scholarship and Sponsorship

- Scholarships will be awarded after our club hosted tournament in December
 - *applications can be found on our website*
- Sponsorship Options
 - *Nonprofit=Tax deductible donations, must be made directly to the Lifestyle Foundation.*
 - *Applied to players account, reduces dues*
 - *Businesses and individuals can donate*
 - *Additional Information will be provided after tryouts*
- CEVA Scholarships
 - Visit <https://ceva.org/casf/>
 - *Applications Close November 30 at 3PM*



USA Volleyball Age Chart



USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION

For use during the 2025-2026 Season

To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under ¹	18 & Under ²	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
July	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Aug	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Sept	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Oct	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Nov	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Dec	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Jan	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Feb	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Mar	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Apr	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
May	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
June	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018

¹Players who were born on or after July 1, 2006 and a high school student in the twelfth (12th) grade or below during some part of the current academic year are eligible to compete in 18 & under.

^{2a}Players in this age range that have graduated high school are ineligible only if they have been enrolled at a university, college, community college or junior college AND have been cleared to participate by that (volleyball) program.

^{2b}Players who were born on or after July 1, 2007, (who are defined as 18 & under by the USAV Age Definition) and are in the 11th grade for the current academic year are eligible to compete in 17 & under.

³**Male Only** - Players who were born on or after July 1, 2011 OR players who were born on or after July 1, 2010 (15 years or younger) who shall neither have completed nor are in a grade higher than the eighth (8th) grade during the current academic year **are eligible to play in the 14 & Under division**. This is because the net height difference of 7'4 1/8" to 7'11 5/8" between the 14 and Under Division to the 15 and Under Division.

⁴**Male Only** - Players who were born on or after July 1, 2011 (14 years or younger) who shall neither have completed nor are in a grade higher than the seventh grade (7th) during the current academic year are eligible for a Region approved waiver to compete in the boys 13's age group.

⁵**Male Only** - Players who were born on or after July 1, 2012 (13 years or younger) who shall neither have completed nor are in a grade higher than the sixth grade (6th) during the current academic year are eligible for a Region approved waiver to compete in the boys 12's age group.

Tryouts

- You CANNOT tryout for a division below your age level
- You CAN tryout for a division above your age level
- Check the USA Volleyball Age Chart when registering
- 12U (all players 12 and under): Nov 9th 8:00 AM-10:00 AM
- 14U (13 and 14's): Nov 9th 11:00 AM-2:00 PM
- 18U (17 and 18's): Nov 16th 8:00 AM -10:00 AM
- 16U (15 and 16's): Nov 16th 11:00 AM-2:00 PM



Tryout Requirements

- All information and links can be found on our website or via QR code at the end of this presentation:
- Register for tryouts (Upcoming Events Section on website)
 - *Sports engine account required*
 - *Tryout Membership recommended, upgrade to full after team selection*
- BRING to tryouts:
 - *Printed or digital copy of your CEVA/USAV membership*
 - *PRINTED CEVA Medical Release Form*
 - This must be a printed copy; a digital copy will NOT work.
 - There are copies available here tonight as well as at pre-season clinics



CEVA (USA) Volleyball Membership

- 1: Parents- Log in to your sports engine account (Sign Up for an account if you do not currently have one)
- 2: Open new tab to ceva.org/membership
- 3: Select “Tryout Membership”
 - *You will need to upgrade to Full Junior membership once you make a team*
- 4: This should direct you back to Sports Engine. If your child is not shown, select “Add a Child”
- 5: Fill out all required fields and pay membership fee
- 6: Save Membership Scan Code or print page to be scanned at tryouts.



After Tryouts

- A parent or guardian must be present at the end of tryouts, players cannot complete the registration process themselves
- Stations will be numbered, and staff will be there to walk you through the registration process
- Positions are not held if you leave tryouts without signing
- Coaches will reach out to you via Sports Engine with practice and parents meeting information, we will not have that information at tryouts.



Team Communication

- Coaches will communicate through the Sports Engine chat feature
 - *turn on notifications*
- Practices and Tournament Schedules will be added to the calendar in Sports Engine
- Group Texts may be set up with coaches/players and coaches/parents depending on the coach preferences
- Coaches will review their expectations at the parent's meeting
 - *Playing time*
 - *Communication preferences*
 - *Absences*



Practice Information

- Locations: Battle Creek, Keizer, Lancaster, West Salem
- Practices are 1.5 hours/2 days a week
 - *Tuesday/Thursday or Monday/Wednesday*
- 16u and 18u will have an additional training session each week
- 5:00–9:30 PM practice window
- Younger teams are given earlier time slot priority
- Practice schedule is not set yet



Season Offerings

- Clinics during Christmas and Spring Break
 - *Age group and skill specific clinics*
 - *Free for Courthouse Athletes*
 - You still must register, promo codes will be provided to use during registration
- Quad Tournament
 - *Proceeds will benefit our scholarship program*



Pre-Season Offerings

- Clinics \$35
 - *12u and 14u Monday October 27th at West Salem Courthouse 6:00-7:30 PM*
 - *16u and 18u Thursday October 30th at Battle Creek Courthouse 6:00-7:30 PM*
- Open Gyms \$15 or free with paid clinic:
 - *14u-18u November 4th and 6th at Battle Creek Courthouse 6:00-7:30 PM*



Parent Code of Conduct

- 24-hour policy
 - *Do not contact a coach to provide any feedback for 24 hours after a tournament*
 - *Coach will have 24 hours to respond after contact is initiated*
 - *Encourage coach to player communication FIRST*
 - *Positive feedback is always appreciated and welcome*
- CEVA Purple Card Policy
 - *Purple Card Policy: CEVA implements a Purple Card policy at ANY region hosted tournaments. A purple card can be awarded to any fan/parent that shows blatant disregard for rules or personnel involved in a match. This included officials, scorekeepers, coaches etc. Read more here: <https://cevaregion.org/purplecard/>*
 - *Know and follow the rules of the facilities, they are listed on the CEVA website here: <https://cevaregion.org/facilities/>*



Player Code of Conduct

- Players must wear Courthouse gear to practice
- Be respectful of all members, staff and facilities both at practice and at tournaments
 - *Leave them better than you found them*
- Clear and open communication
 - *Coaches will set their own communication standards regarding:*
 - Scheduling conflicts
 - Playing time
- Handbooks will be provided and signed by players and parents prior to team placement



Girls 2025-2026 Season Information



TRYOUTS

SCAN BELOW TO REGISTER





**SCAN TO PURCHASE A MEMBERSHIP
2025-2026 SEASON**

CEVA Medical Release Form



- This MUST be printed, signed and brought to tryouts
- Digital copies are not accepted



Contact Info

- Website: courthousefit.com/volleyball-club
 - *Best resource for links and upcoming dates prior to making a team*
- Email: volleyball@courthousefit.com
 - *At times club wide information will be sent via email*
- Sports Engine
 - *Main resource after teams are established*
- Thank you for being part of Courthouse Volleyball!

