



Courthouse Basketball Club 2025-2026 Season

Our Philosophy

We believe basketball is more than just a sport, it's a way to grow as a person. We train the athlete as a whole, focusing not only on developing skills on the court, but also building character, confidence, and teamwork.

Our goal is to give every player an experience that helps them improve their game while also learning lessons they can carry into life. We teach the fundamentals of basketball, but we also encourage healthy habits around exercise, nutrition, and discipline, habits that will benefit players long after their playing days.

We know that growth takes time. A season is filled with challenges, hard work, and opportunities to get better every day. Along the way, players will have fun, celebrate successes, and learn the value of persistence.

Most importantly, we believe basketball should have a positive impact not just on the athlete, but on their families and communities too. When our players succeed, the people around them are inspired as well.

What makes Courthouse Volleyball Club different from other clubs

1. Our club is backed by Courthouse Club Fitness. Courthouse Club Fitness has spent the last 40+ years as a part of area youth programs and making fitness a lifestyle in our community.
2. We focus on transformational coaching. Helping our athletes develop for the long term.
3. Our head coaches and director have years of coaching experience ranging from college to youth levels.
4. We are a yearlong community with training, camps, clinics, and leagues throughout off-season months. We want our athletes to participate in other sports, while still having the opportunity to grow in basketball should they desire.
5. We use modern evidence-based research in skill acquisition to train our coaches and players. This ensures that we will have consistency throughout our club in what we teach, how we teach it, and why we teach it.

Facilities

Practices, clinics and camps are held at the Battle Creek, Keizer, Lancaster and West Courthouse Club Fitness Locations. In addition, teams may practice at Blanchet and/or Salem Academy. Practice times range from 5PM-9PM. 12U will have priority for early practices.



Team Dues

Dues cover the club's expenses for practices, training development, facility, equipment, coaches' compensation, tournament or league entry fees (single or multi-day events), technology/software, administrative expenses, and admin staff. Each player will also receive a membership to Courthouse Club Fitness during the season (registration required).

- **Winter Youth League-** \$150 per athlete, Runs December-March
- **Spring Tournament Teams-** \$400-\$600 per athlete- Runs April-May

Tryouts

Winter - Sunday, December 7, 2025, 9:00 AM - 1:00 PM Battle Creek Courthouse, 6250 Commercial St SE, Salem, OR 97306

- **1st-2nd Grade-** 9:00am-11:00am
- **3rd-6th Grade-** 11:00am-1:00pm

Spring - Sunday, March 15, 2026, 9:00 AM - 2:00 PM Battle Creek Courthouse, 6250 Commercial St SE, Salem, OR 97306

- **3rd-5th Grade-** 9:00am-11:00am
- **6th-12th Grade-** 12:00pm-2:00pm

Courthouse Basketball Academy

Courthouse Basketball Academy clinics, camps and private lessons, where the focus is on skill development, confidence and the teamwork necessary to excel on the court! Athletes will engage in offensive and defensive drills, game like situations and personalized coaching that will enhance athlete's shooting, dribbling, and overall understanding of the game.

Clinics

- Short-term clinics are designed to sharpen fundamentals and improve specific skills. With weekly sessions led by experienced Courthouse coaches, athletes work on ball handling, shooting, defense, and overall game IQ. Clinics are perfect for players who want focused development during the school year.

Private Lessons

- Private lessons offer focused, one-on-one coaching tailored to each athlete's needs. These are perfect for skill refinement and confidence building.

Camps

- Our seasonal camps give athletes, particularly our grade school kids, the chance to focus on skill-building in a fun, fast-paced environment. Each camp includes drills, games, and positive coaching that keep kids moving while building confidence on and off the court. Camps are a



great option during school breaks when players want to stay active and connected.

Questions?

Visit our website at courthousefit.com/youth-basketball or email Director Bo Pinkertson at basketball@courthousefit.com.